

CHO-NYID KHA-DRO' THUK-THIG LE" :
JAM-PAL NGON-TOK SHE-RAB LO-PHEL ZHUG //

Pembukaan:

Perlindungan dan Bodhicitta: (lafalkan sebanyak tiga kali)

NAMO! //

DAG-DANG THA-YE" SEM-CHEN KUN //

DENG-ZUNG JANG-CHUB MA-THOB PAR //

JAM-PAL YANG-LA KYAP-SU CHI" //

DRO-NAM MA-RIG LE"-DROL CHIR //

MON-DANG JUG-PA JANG-CHUB SEM //

DAM-PA DAG-GI" KYED-PAR GYI //

Bagian utama:

AH! //

CHO-NAM RANG-ZHIN TONG-PA NYID //

TONG-NYID DANG-LE" NGING-JE" TZAL //

GYU-YI SA-BON PHO"-PA LE" //

DE-CHEN GYUR-MED ZHING-GI U" //

LHUN-DRUB ZHAL-YE" KOD-PA NGOM //

DE-U" KYON-DRAL PED-DE' TENG //

RANG-NYID KED-CHIG DREN-DZOK SU //

JAM-PAL YE-SHE" SEM-PE' KU //

MA-RIG MUN-SEL SER-SAL DZE" //

NYAG-CHIG ZHAL-DANG KHYEN-NGI" CHEN //

ZUNG-JUG CHAG-NYI" YE"-PA YI" //

SHE"-RAB RAL-DRI NYEN-THED DZIN //

YON-PE" THUK-KAR UT-PA-LA //

DAB-MA NYEN-THED GYE"-PE' TENG //

ZAB-GYE" CHO"-KYI LEG-BAM DZIN //
DON-NYI" NYEN-GYI PED-MO GYE" //
DEN-NYI" SHANG-KYI YIB-DZE" SHING //
TSEN-ZANG SO-NYI" TSEM-TRENG NGAR //
LONG-KU GAG-MED JAG-PED SAP //

YE-SHE" LHUN-DZOK U-TRA CHING //
DRO-KUN JE"-DZIN ZAR-BU TROL //
SID-ZHI NYI"-MED ZHAB-NYI" KYI" //
DOR-JE KYIL-TRUNG PED-DAR ZHUG //
CHIN-DRUG THAR-CHIN RIN-CHEN GY //
U-GYEN NYEN-CHA GUL-GYEN DANG //
LONG-CHOD DZOK-PE' CHE"-KYI" TRE" //
YON-TEN YONG-DZOK DAR-NE" GYEN //
ZHI-DZUM TSEN-DANG PE-JED DEN //

YE-SHE" JA-OD KHYIL-WE' LONG //
NANG-TONG GYU-ME' KU-RU GOM //
DE-TAR SAL-WE' NE"-SUM LE" //
OD-TRO" ING-ZHUG GYAL-WA NAM //
LAMA JAM-PAL NAM-PA RU //
CHEN-DRANG DAM-YE YER-MED PAR //
NYI"-MED RO-CHIG TEN-PAR ZHUG //
LHA-DANG RANG-NANG NYI"-MED PE' //
YONG-DRUB RIG-PE" CHAG-TSAL LO //
CHI-NANG SANG-WE' CHOED-PE' TSOK //
KYIL-KHOR LHA-TSOK GYE"-CHIR BUL //
JI-TA KHYEN-CHING JI-NYED ZIK //

ZUNG-POP LO-DRO" KUN-GYI DZOD //
GYAL-KUN KHYEN-TZE' YE-SHE" CHANG //
JAM-PAL YE-SHE" SEM-PAR JOD //
MA-RIG TRUL-PE" WANG-SONG WE" //
NYI"-DZIN SEM-KYI DRIP-PA SHAK //
VAJRA SAMAYA SHUDDE AH //
RANG-NYID JAMP-PAL THUK-KA RU //
PED-MA DA-WE' TE-WA RU //
SER-GYI KHOR-LO TZIB-DRUG PE' //
TE-WAR RAL-DRI? KHONG-SENG DU //
DI-YIG SER-GYI DOG-CHEN LA //
TZA-WE' NGAK-KYI" YE"-SU KOR //
OD-TRO" GYAL-CHOD JIN-LAP DU" //
MAR-TRO" DRO-WE' DRIP-PA JANG //

TSE-SOD PAL-YON NU"-PA DANG //
JUNG-NGE' DANG-CHUD MA-LU" PA //
OD-KYI NAM-PAR TSUR-DU" TIM //
KHOR-DE" YONG-KYI SOG-THOB SAM //
OM A RA PA TZA NA DHI //

(Mantra suci ini diakumulasi untuk 'pendekatan')

LAR-YANG DHI-LE" OD-TRO" PE" //
GYAL-KUN SANG-SUM NYE"-CHOD BUL //
KHYEN-TZE NU"-JIN PAL-YON-TEN //
OD-NGE' NAM-PAR RANG-LA THIM //
ZUNG-POP LO-DRO" WANG-THOB NE" //
SHE"-RAB NANG-WA GYE"-PAR SAM //
OM A RA PA TZA NA DHI //

(Ini untuk bagian akhir pelafalan)

Doa permohonan untuk para yidam tertinggi untuk ujud Anda:

Halaman 15 dari 37

HO! JAM-PAL MA-WE" WANG-CHUG KHYED-KYI" DAG-LA DON-RAB KHYEN-PE' YE- SHE"
// MI-JED PE' ZUNG // CHAG-THOG MED-PE' SHE"-RAB // ZIL-GYI" MI-NON PE' POP-PA //
CHED-TZOD TZOM-PE' LO-DRO" DRO-WE' MUN-SEL GYI THUG-JE // DOR-NA RIG-PE' NE"
NGA-LA WANG JOR-ZHING // LUNG-DANG TOG-PE' ZHUNG-DON MA-LU"- PA DAG-GI
KHONG-DU CHUB-NE" TSE DHI-NYID LA DON-NYI"-KYI DZED-PA THAR CHIN-TE // NANG-
SEL JAM-PAL PA-WO' GO-PHANG THOB-PAR DZED-DU SOL // *(Lafalkan esensi mantra suci ini
sebanyak yang Anda mau)*

Tahap Realisasi (Pencapaian Spiritual) yang Selanjutnya:

Membuat Pujian:

DHI! MAR-SER NYI-MA CHAR-WE' DANG TRA-WA //
UT-PAL TENG-NA RAL-DRI PO-TI DZIN //
CHU-TRAG CHU-DANG CHU-NYI" GYEN-GYI" TRE" //
JAM-PAL MA-WE' WANG-PO KHYED-LA TOD //

Pengabdian:

GE-WA DI-YI" JAM-PAL YANG DRUB-NE" //
SHE"-RAB CHOG-GI POP-PA RAB THOB-CHING //
GON-PO KUN-ZIG CHOG-GI GO-PHANG LA //
RANG-ZHEN DRO-KUN MA-LU" CHOD-GYUR CHIG //

Persembahan Jamuan:

RAM YAM KHAM // OM AH HUNG //
NANG-WA NOD-KYI KA-PA-LAR //
NOD-CHUD DOD-YON TSOK-SU SHAM //
YE-SHE" DUD-TZIR JIN-GYI" LAB //
ZAG-MED DE-TONG KYE"-PE' DZE" //
TZA-SUM GYAL-WA GYA-TSO DANG //
JAM-PAL KYIL-KHOR LHA-LA BUL //
DAG-CHAG SOD-NAM DZOK-CHIR ZHE" //

THUK-DAM KANG-LA NYAM-CHAG SHAK //
ZUNG-DZIN ING-DRAL LHAG-MED ROL //
SANG-WA CHOG-GI NGO"-DRUB TZOL //
LHAG-K YONG DRON-NAM LHAG-TOR ZHE" //
CHI-NANG BAR-CHED ING-SU DOG //
U-TZIT-TA BA-LING-TA KHAH-HI //
CHED-DON LA-NE" SUNG-MA DANG //
MA-YAM TEN-MA YA-ME' TSOK //
DAM-TSIG SANG-WE' TOR-MA LONG //
TRIN-LE" RAB-JAM LHUN-DRUB DZOD //
MA-RIG NYI"-NANG RU-DRA DRUB //
DANG-MED YE-SHE" ROL-PE" NEN //
CHI-NANG SANG-WE' CHOD-PE' TSOK //
JAM-PAL KYIL-KHOR GYE"-CHIR CHOD //
RANG-JUNG LHEN-KYE" YE-SHE" LHA //
GYAL-WE' KU-SUNG THUK-LA TOD //
CHOG-THUN NGO-DRUB DENG-DIR TZOL //
SAR-WA SID-DHI PHA-LA HO //
LHA-NGAG TING-DZIN YEL-WA SHAK //
SAMAYA SHUDDE AH //
GE-DI DRO-WA YONG-LA NGO //
KUN-KYANG SANG-GYE" SA-THOB SHOG //
THAP-KYI" KYED-PE' KYIL-KHOR LHA //
SHE-RAB RIG-PE" LONG-DU A //
LAR-YANG JE"-THOB LHA-KUR SAL //
DHI DHI DHI //
SA-SUM GE-WE' TRA-SHI" GANG //
DAG-CHAG NAM-LA DE-LEK SHOG //

TSOK-CHOD PHUL-WE' SOD-NAM KYI" //
DAG-ZHEN DRO-WA MA-LU" PA //
DAM-PA KU-NYI" THOP-PA DANG //
NGON-GYUR DANG-PO' SA THOP-SHOG //

Persembahan Api:

ME-THAB MIK-MED TOG-PAR GYUR //
TONG-PE'® NGANG-LE" KED-CHIG GI" //
KHA-LA JA-TSON SHAR-WA ZHIN //
DE-CHEN GYUR-MED ZHING-KHAM SU //
KOD-PA RAB-DZOK ZHAL-YE" U" //
PED-MA DA-WA GYE"-PE' TENG //
DUN-KYED YE-SHE" SEM-PA NI //
JAM-PAL MAR-SEL GUR-GUM DOG //
CHAG-NYI" RAL-DRI PO-TI DZIN //
ZHAL-CHIG DZUM-PE' DANG-DAN DEN //
CHEN-NYI" DRO-LA TZE-WAR ZIK //
U-TRA THOD-CHING ZAR-BU TROL //
LONG-CHOD GYEN-DZOK ZHI-TSUL DEN //
YE-SHE" OD-NGE' LONG-KYIL DU //
ZHAB-NYI" DOR-JE KYIL-TRUNG ZHUG //
NANG-TONG GYU-ME' KU-RU SAL //
JAG-TENG RAM-LE" OD-JUNG WE" //
SEG-DZE" YE-SHE" DUD-TZI? CHUD //
ZAG-MED DE-WA CHEN-POR ROL //
GYE"-TSIM TSOK-DZOK DRIP-KUN JANG //
MI-SHE" MONG-PA RAB-SAL NE" //
LO-DRO" POP-PE' NGO-DRUB TZOL //
OM GURU ARYA MANJUSHRI MAHA

SARWA PAN-TZA PUTS-TZA LA KHAH-HI //

NAL-JOR-WA DAG-LA SHE"-RAB PHUN-SUM TSOK-PA TZAL-DU SOL //

Pengabdian dan Doa:

LAMA JAM-PAL KYIL-KHOR DU //

SEG-LUK CHOD-PA PHUL-WE' GE //

DRO-KUN SANG-GYE" THOB-CHIR NGO //

DAG-ZHEN SEM-CHEN MA-LU" PA //

KHYEN-ZIK YE-SHE" NGON-GYUR NE" //

ZHON-NU BUM-KUR SANG-GYE" SHOG //

LHA-NYID OD-ZHU RANG-LA THIM //

MIK-MED CHO"-K YT ING-SU AH //

DAG-NANG DAM-TSIG SEM-PA NI //

JE"-THOB GYU-ME' LHA-RU DANG //

SID-LE" NAM-GYAL NYON-MONG MED //

KU-SUM LHUN-DRUB TRA-SHI" SHOG //